

**TAEKWONDO
KICKBOXING**



**SELF DEFENCE
MARTIAL YOGA**

Nutaofit Martial Arts Academy

| Mon | Tues | Wed | Thur | Fri | Sat |
|--|---|--|---|---|--|
| | | Enquire Times Ladies Kickboxing | | | Enquire Times Martial Yoga |
| 4:00 - 4:30 pm Tiger Cubs | 4:00 - 4:30 pm Tiger Cubs | 4:00 - 4:30 pm Tiger Cubs | | | 10.00 - 10:30 am Tiger Cubs |
| 4:30 - 5:15 pm Junior Taekwondo | 4:30 - 5:15 pm Junior Taekwondo | 4:30 - 5:15 pm Junior Taekwondo | | | 10:30 - 11:15 am Junior Taekwondo |
| 5:15 - 6.00 pm Kids Taekwondo | 5:15 - 6.00 pm Kids Taekwondo | 5:15 - 6.00 pm Kids Taekwondo | PRIVATE CLASSES BY APPOINTMENT | PRIVATE CLASSES BY APPOINTMENT | 11.15 - 12.00 pm Kids - Teen+ Taekwondo |
| 6.00 - 6.45 pm Teens+ Taekwondo | 6.00 - 6.45 pm Teens+ Taekwondo | 6.00 - 6.45 pm Teens+ Taekwondo | | | 12.00 - 1.30 pm Master Class |
| 6.45 - 7.30 pm Self Defence Takwonjitsu | 6.45 - 7.45 pm Martial Yoga | 6.45 - 7.30 pm Self Defence Takwonjitsu | | | 1.30 - 5.00 pm Private Classes By Appointment |
| 7.30 - 8.15 pm Teens+ Kickboxing | 7.45 - 8.30 pm Advanced Program | 7.30 - 8.15 pm Teens+ Kickboxing | | | |

Uniforms

Full uniform is required during gradings. All other days students may wear NMAA t-shirt and pants only.

Private Lessons

Please ask Grandmaster Paul for "Private Training and Classes" availability and fees.

Introductory Course * (per person...based on 2 classes / week; * Introductory Course family discount: 2 -25%; 3+ -30%)

4 Weeks introductory Course only \$45 (includes Teeshirt & 1st belt) - Tiger Cubs (2 - 5yrs)

6 Weeks introductory Course only \$99 (includes Teeshirt & Success Journal) - Children (6 -14yrs)

6 Weeks introductory Course only \$99 (includes Teeshirt) - Adults (15+yrs)

Tuition and Fees (Fees noted are per child...based on 2 classes / week...for Tiger Cub & Adult tuition monthly fees refer overleaf for outline)

\$25 (Junior) & \$30 (Adult) Per Class Drop-in Rate

\$105 a month for 2 classes per week (payment by Credit Card Direct Debit, EFTPOS available for other payments) **

\$265 for 3 months (Save \$50) / \$525 for 6 months (save \$105) / \$970 for calendar year (save \$290) **

Terms & Conditions

Some grading fees for certain belt ranks are in addition to tuition fees above.

Absolutely NO REFUNDS or CREDITS for any of our classes | programs, however we provide make up sessions for missed classes when unwell.

Plans may be put on hold for vacation with a 4 week min but lasting no longer than 3 months with written notice only.

Unless put on vacation hold or cancelled, monthly payments are automatically due and deducted via credit or debit card.

* Introductory Course family discount: 2 -25%; 3+ -30%

** Rate for Children classes only per person; Adults program fees available on request.

Your Contact

START YOUR CHILD'S MARTIAL ARTS JOURNEY

TODAY



Unit 2 / 15 Sullivan St.,
Moorabbin, 3189



03 9532 5476 Ans mach.

Text/Mobile: 0418 885 122

Chief Master Instructor: CSN Paul Mracek

www.NutaofitMartialArts.com

Email: info@NutaofitMartialArts.com

Founder: KJN Geoff Hutchinson



Nutaofit Martial Arts Academy

Frequently Asked Questions

Can my child try a class?

Yes, we offer a complimentary test drive class to all students.

How much are classes after the first introductory program?

We have a number of options for children programs, i.e: the limited plan is \$105 per month for up to 2 classes per week or \$65 per month for 1 class per week, and the unlimited plan is \$150 per month for unlimited classes per week for children. For Tiger Cubs & Adults see below and separate sheet for details.

How can we pay tuition fees?

Monthly class fees are due in advance either in the 1st week of the month and or the middle of the month depending on the student program, and is the mechanism for securing your or your child's place in classes. Payments are by direct debit through credit or debit card only. We have EFTPOS facilities for initial payments for introductory programs only as well for merchandise and clothing available at our venue.

Are there any other fees required at registration?

No. There are no other fees at the time of registration. However, there are some fees for your child's gradings for certain belt ranks.

What does my child wear during classes?

A minimum of the NMAA tee-shirt is required for classes and is included when you purchase the new student special of 6 weeks for \$99.00. As our venue floors are padded no shoes are needed, we recommend to bring a water bottle to use during class.

What other fees are there when my child decides to continue?

There is a uniform and some general equipment needed that is based on rank, i.e. gloves, shin guards, mouthguard as they progress; and a testing fee for certain belt ranks,

How many classes per week may I bring my child?

To get the best results and benefits we recommend students attend twice per week and a few come more than twice per week. We ask that students attend a minimum of one class per week.

Are there make up classes?

Yes, if you are on the limited plan and miss a regular scheduled class you may make it up within 30 days (excluding pandemics) of the missed class. NMAA does not provide refunds or credits for missed classes, and all tuition fees are payable for a month once classes have commenced.

Can I place my membership on hold?

Yes, all we ask for is a 30 day written notice.

Are there any long term contracts?

No. Our program is month to month and may be cancelled at any time and must be in writing with a 30 day notice.

Are there discounts for siblings?

Yes, we offer from 10 to 25% discount for siblings.

PARENTS VIEW

Venue is well set out, with room for parents to watch the class.

All of the equipment is always kept to a high standard.

Both senior and junior instructors are always great. They build a connection with the kids and encourage them to try new things and push themselves.

The club has a great atmosphere which my kids enjoy.

The classes promote structure and discipline without sacrificing enjoyment. Each week is a combination of skill development and physical exercise in a format that keeps the kids engaged.

Mick

Tiger Cub Plan (per person)

Limited Plan is \$70 per month for up to 2 classes per week. We do our billing on 1st and 15th of the month by credit card direct debit only.

Adults Plan (per person)

Limited Plan is \$135 per month for up to 2 classes per week or \$72 per month for 1 class per week. We do our billing during the 1st week of the month by credit card direct debit only.

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